

GOOD THERAPY

— NEWSLETTER —

JULY 2022

IN THIS ISSUE

COSRT UPDATE

Chief Executive

GSRD CONFERENCE REVIEW

Silva Neves

SUPPORTING PATIENTS WITH PROSTATE CANCER

Caroline Lovett

[COSRT.ORG.UK](https://cosrt.org.uk)



SPOTLIGHT: MARKIE TWIST

PAGE: 08



GET IN TOUCH

Sonja Pinnell

Training & Knowledge Manager

COSRT

College of Sexual and
Relationship Therapists
PO Box 13686
London, SW20 9ZH

020 8194 9635

SONJA.PINNELL@COSRT.ORG.UK

TWITTER: @COSRTNEWS

COSRT.ORG.UK

HAVE ANY OF YOUR DETAILS CHANGED?

If so, please send an email to
info@cosrt.org.uk detailing the changes.

Table of Contents

GOOD THERAPY

JULY 2022

Chief Executive Update	03
GSRD Conference Review	04
Journal Updatd	05
Supporting Patients with Prostate Cancer	06
Spotlight: Dr Markie Twist	08
Polish Psychologists' Association	11
Join a Specialist Group of EMDR Association	12
GHP 2022 International Mental Health Awards	13
Event Lisitings	15



Chief Executive COSRT Update

It is as ever a real pleasure to say hello to all COSRT Members. We are entering a summer different to those in our recent memory. And it is a time when there is much to reflect on.

We recently held our first conference for the year, exploring GSRD and what it means for therapists today. It was an incredibly thought-provoking event, with over 160 attendees engaging with a range of high quality speakers. Dominic Davies gave an insightful perspective into what it can mean to bring GSRD into everyday practice. Dr Igi Moon explained research into what psychologists do in gender identity clinics. Amanda Middleton discussed how to consider queer relationships within therapy. Meg-John Barker highlighted ideas around relationship diversity and associated norms. Whilst Silva Neves tackled shame and affirmative exploration.

As always, the conference will be available to buy in video format on www.cosrtlearn.org.uk soon. As with the live version, CPD hours will be available for those purchasing and watching it.

That conference marked the continuation of COSRT's visible commitment to supporting and promoting equality, diversity

and inclusion. Our previous two conferences considered parenting relationships and both hidden and visible conditions. It was really positive to be able to engage with Members during breakout sessions on how our policies and procedures underpin this commitment. And of course, how our Code of Ethics is at the core of so much. That Code was redeveloped over several months in 2021 and re-launched in 2022. It is available at www.cosrt.org.uk/professional-standards/code-of-ethics-and-practice/ and all Members should take a moment to read it.

After the conference COSRT re-affirmed its commitment to banning Conversion Therapy. Again, a visible sign of our focus on good ethical practice. At a time of public debate on this issue, we remain totally committed to the Memorandum of Understanding on Conversion Therapy. And we remain privileged to be within the coalition of organisations underpinning that. Our statement also called on all eligible organisations to join and remain in the coalition, and for therapists to actively reject Conversion Therapy.

Alongside this work we have also completed our annual Membership processes. Re-licensing was followed

by the annual audit – a process which sees 10% of our Registered Membership provide enhanced details of how they met membership requirements in the previous year. I forward a big thank you from the team for how you have all worked with us on these important things. And as a follow up, there is information in this issue to remind Members of core requirements for COSRT membership.

As we move into summer, COSRT continues to work for and with you. Our training programme continues to grow with enhanced training for supervisors, and a range of other self-access classes and online seminars being added to our programme. We are working on enhancing our external communications by empowering Members to create original content that COSRT will support and disseminate. And we continue with our moves to start advisory committees supporting the Board.

The next key date outside training is our AGM. That will be in late summer with details to come. And it is there that you will be able to discuss our work with the Board, and vote on trustee elections.

For now, I wish you all good health and a great summer period.



GSRD Conference Review

By COSRT Accredited Member Silva Neves

It was a great pleasure to see so many interested and curious colleagues at our last COSRT Conference on Friday 10th June. I felt so privileged to be invited and speaking next to true trailblazers of GSRD: Dominic Davies, Meg-John Barker, Igi Moon and Amanda Middleton.

It was truly a rich day of learning and we hope to have more opportunities to meet again on GSRD topics over the next few years. As John Dodd mentioned, learning about GSRD isn't a tick-box exercise, it needs to be weaved in our clinical thinking on an ongoing basis.

GSRD stands for Gender, Sex and Relationship Diversities, and, because it is about diversity it includes heterosexual clients.

There is much diversity in heterosexuality, including people who practice kink (either as a serious leisure activity or as an erotic orientation), people who are polyamorous, and people who are pansexual. However, much of the training gaps in GSRD occur with the specific knowledge of working with the LGBTQ+ populations because they are not always considered in all aspects of clinical trainings.

Heteronormativity is so pervasive that if we don't keep a check on it, we can easily run with assumptions and not consider some presentations through a

queer lens. It is an important issue for me because I believe that all therapists should have adequate and robust knowledge in working with GSRD. It is particularly relevant now, as we have been disappointed (and wounded) by the Government's attempt to exclude trans people from the ban on conversion practices.

I applaud COSRT for organising this conference because even us, COSRT therapists, specialists in sex and relationships, have more to learn about GSRD, so that we can refine our work and meet the needs of the fast-growing populations who identify as other than white, heterosexual, vanilla and monogamous.

I identify as a gay man but my knowledge in GSRD didn't come naturally. I had to learn, face my mistakes, examine my heteronormative assumptions, expand my mind and make changes to my practice on an ongoing basis. Thanks to the speakers at the conference, I learnt and reflected on GSRD therapy, trans healthcare, thinking of relationships with a trauma-informed frame, and how to see all our intersections. (I also learnt that a fly eye ball has very many lenses!). It is the beauty of our profession. We never stop learning. And it is important to keep challenging each other.

As Babette Rothschild says: "I have always been of the belief that differing points of view are necessary for the growth and development of any field of study." (2021, p. xvii). Indeed, challenge is essential in our profession. As I pointed out in my talk, learning is hard because it can bring up shame when we're on our path of learning from unconscious incompetence to unconscious competence, muddling through the shame-inducing stage of conscious incompetence. We have to look after ourselves and our shame, and we have to be open to be frazzled occasionally, so that we can keep developing as professionals.

If the anecdotes of my queer clients (and my queer colleagues) are anything to go by, it shows that the therapy spaces that are truly safe for those minorities and marginalised people are not so common. Most heterosexual people can be understood by most therapists. I firmly believe that all therapy spaces should be safe for our GSRD populations.

Thank you COSRT for allowing those conversations, and let's keep having them.

Reference: Rothschild, B. (2021). Revolutionizing Trauma Treatment. Stabilization, Safety & Nervous System Balance. W.W. Norton & Company, Inc. New York.



SRT

Sexual and Relationship Therapy

Journal Update

By Dr Markie Twist

Dear College of Sexual and Relationship Therapy (COSRT) members,

Hello from our journal, Sexual and Relationship Therapy (SRT)! The second issue of the year, Volume 37 Issue 2, is now published. This issue is a standard issue. We plan to close out the publication year with a special issue focused on “Sexuality, Religion, and Spirituality” in the spring/summer of 2022.

I do want to draw your attention to the most recent annual spring COSRT conference, which focused on gender, sexual, and relationship diversity

(GSRD) in practice. Typically, the theme of our special issue aligns with our annual spring conference, but that is not the case this year. This year the conference focused on GSRD in therapy, which was actually the theme of one of our special issues not long ago—namely, Volume 33, Issue 4 from 2018 [for a summary of this special issue see the [Editorial Introduction](#).] Thus, I encourage you to revisit this prior special issue as a follow-up to what was truly an outstanding annual spring conference!

As always, thank you for your support and appreciation of our journal!

Discounts on IT, access to tech advice & other benefits for members.



We are pleased to announce that Dell UK has partnered with COSRT to provide a range of discounts on selected IT and other benefits to members.

These include:

- Up to **20% discount** off laptops, desktops, servers, and accessories
- Access to our highly trained Small Business Technology Advisors to help members with free advice to grow their business
- Dedicated account manager for COSRT members

Head over to the members area on the [COSRT website](#) to find out more



Supporting Patients with Prostate Cancer

By Caroline Lovett, Senior Psychosexual Therapist at The Royal Marsden Hospital

I would like to share with you a project that Psychosexual Therapy has been involved with at The Royal Marsden Hospital.

The Royal Marsden is a hospital that specializes in Cancer Treatment, and I work as a Psychosexual Therapist across both of the hospital sites.

One of our physiotherapists, Cathy Sandsund led the BEAM for Prostate Cancer Project, and I think it is a fantastic example of partnership working.

Beam is an online platform for people with specific health needs. This project started as the Covid Pandemic emerged, so at a time when many services needed to be provided on-line.

Treatment for prostate cancer often requires support around changes in sexual wellbeing, from a therapeutic as well as an educational perspective.

The project is a bespoke oncology supportive and rehabilitation initiative, co-created with patients treated for prostate cancer, oncology staff, Psychosexual Therapy and technology partners. The co-creation is an important part of the project as physical and psychological recovery are key aspects.

The project involved 37 short videos created around pelvic floor and penile rehabilitation and psychosexual support. During the pilot, Sexual Function was in the top 3 videos most often watched.

A couple of comments from patients were:

"I have self-referred into Psychosexual Therapy after watching the Sexual Functioning video."

"It is so valuable to have it (continence and sexual functioning consequences of treatment) all spelt out in this way. Its not something you generally raise in conversation. I think it should be compulsory viewing."

This project was a great example of how Psychosexual Therapy can work alongside Physiotherapy and Pelvic Health Physiotherapy around Quality Improvement for our patients.

Beam for Prostate Cancer won a Clinical Audit Award with The Royal Marsden NHS Trust.

Tutor-led courses on Zoom - Spring & Autumn intakes

Diploma in Integrative Supervision of Individuals and Groups



Develop therapeutic supervisory skills and gain primary preparation for supervisor accreditation

Certificate in Couple / Relationship Therapy



Skills and models for working therapeutically with couples and other forms of relationship

Certificate / Diploma in Advanced Emotional Regulation skills



Systematic toolkit to support clients to manage their emotional worlds, and reduce overwhelm

Certificate in Psychosexual Therapy



Gain confidence with sexual issues for individuals or couples

Certificate in Intersectional Competence



Understanding intersectional identity towards equity in clinical practice

Certificate / Diploma in Trauma Therapy



Practical trauma treatment toolkit, assessment skills, Trauma-Focused CBT (CPT), plus EFT (Level 1 & 2)

Certificate in Embodied Practice (with coastal retreat)



Toolkit for applying breath, sound and movement in relation to specific mental health diagnosis

Renaissance of Art and Inspiration in Therapy



Accessible ways of using art and inspiration in your therapy practice

Self-study online CPD



Consulting Essentials
Essentials of Supervision
Essentials of Trauma Therapy

“The course facilitators provided a safe, open space for learning, reflection and discussion and also shared their wisdom and expertise, leading to a training experience which was engaging and thought-provoking.”

Emma 2020 student





Spotlight: Dr Markie Twist

**Editor-in-Chief, Sexual and Relationship Therapy:
International Perspective on Theory, Research, and Practice**

My career

Previous jobs:

My first job was selling fireworks and doing pyrotechnic displays out of a fireworks stand. Other jobs I have had have included working as a professional cheerleader, Montessori teacher, tutor, comicon handler, substance abuse counsellor, advisor, therapist, supervisor, and consultant. My main career across my adult lifespan has been in academia—I have served as faculty at several universities.

Qualifications:

Bachelor of Science degree in Psychology with a minor in Criminal Justice from Northern Arizona University, a Master of Education from the same university. Also a Master of Arts in Marriage and Family Therapy with an emphasis in Sex Therapy from the University of Louisiana at Monroe and a Doctor of Philosophy in Human Development and Family Studies with a specialization in Marriage and Family Therapy from Iowa State University. I am also a licensed marriage and family therapist and mental health counsellor, as well as a clinical fellow and approved supervisor of the American Association for Marriage and Family Therapy, and certified sexuality educator and supervisor through the American Association for Sexuality Educators, Counsellors, and Therapists.

What has been your greatest work achievement?

One of the greatest achievements has actually been being the Editor-

in-Chief of SRT! Being honoured with an Outstanding Bisexual/Pansexual Advocacy Award in 2019 from a previous institute—University of Wisconsin Stout—in which I was faculty. But, perhaps the greatest work achievement has been co-coining the term “digisexuality” which first appeared in the scholarly literature in a special issue on sex and technology for SRT in 2017.

What advice would you give to someone starting their career?

I would encourage you to pace yourself - work exhaustion is more of the rule than an exception - so pace yourself and recognise when you are becoming exhausted and have a support network in place to assist you. In terms of advice in academia specifically, I would encourage you to be a little ahead of the current times in the topical area in which you are studying.

Who or what has been your greatest inspiration?

My maternal grandmother (Grams), Sydney Jane Brannin Dodge, who truly loved me unconditionally until her death in 2011. Growing up my Grams used to say, “It only takes one good adult who loves you” and these words continue to be helpful and comforting long after her death.

What is the greatest career risk you have ever taken?

I would say just being a therapist, honestly. In fact, I never really intended to become a therapist—the main reason I ended up in the field was

because I was offered a cheerleading coaching position at the University of Louisiana at Monroe (ULM), which was a position that paid tuition and provided a stipend, so I had to find a fitting graduate program at the university to attend. ULM offered an accredited family therapy program with specialization in sex therapy and I figured sex therapy was about as close to my career pathway as I could get at the time, so I went for it and now here I am!

What was your career goal growing up?

Ever since watching the film, "Silence of the Lambs" I decided I wanted to be Clarice Starling when I grew up, a Federal Bureau of Investigation (FBI) profiler.

My life

When I am not at work (you will find me...): spending time with family and friends, watching a show on a streaming service, sleeping, travelling, hiking, running, photographing, and/or enjoying a good cup of tea or a glass of wine.

Favourite film: The Dark Knight

Who would play you in a film about your life: I get told that I look and sound like Kristen Bell and apparently her and her husband go to couples therapy, so I think she would be a great fit.

What three things would you take to a desert island with you:

Rubix cube, the complete works of William Shakespeare, and a cherished photograph of my adolescent and I.

If you could only listen to one album for the rest of your life: Either "The White Album" or "Sgt. Pepper's Lonely Hearts Club Band" by The Beatles.

Which three guests would you invite to a dinner party (dead or alive):

My brother and only sibling, Brennan Darrel Chrisitanson, who died in 2006, a synthetic artificially intelligent being from 2065, and my maternal great, great grandmother, Guadalupe M. Villanueva Brannin, who died in 1930, and who I am pretty sure is one of the toughest, most resourceful, and adaptable women who has ever lived.

Belong

to an outstanding team

COUPLES THERAPIST REQUIRED

- ♦ Qualified couples therapist
- ♦ Able to offer in person work at least 2 evenings per week plus some daytime hours
- ♦ Trainees considered

- ♦ Guaranteed referral stream
- ♦ Marketing support
- ♦ High quality therapy space

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APPLY
ONLINE

CICS Online Diploma in Clinical Supervision

Take the next step in your therapy career with a comprehensive understanding of the rich and unique supervisory relationship.



The CICS Diploma in Clinical Supervision has been designed to thoroughly prepare you for your next step in career seniority, providing solid and pragmatic knowledge on risk and safeguarding management along with a deeply nuanced consideration of the rich and unique supervisory relationship.

The course content has been developed in line with the BACP Supervision Competence Framework, the UKCP Practice Guidelines for Supervisors and the COSRT Registered and Accredited Supervisor requirements.

The course is structured in the CICS blended learning model, with detailed module pre-reads and skills demonstration videos accessible via our e-learning platform, combined with live tutor contact and skills practice time, over a seven month duration.

Course dates

- 2nd September 2022: 6pm-8pm
- 16th and 17th September 2022: 10am to 5pm
- 14th and 15th October 2022: 10am to 5pm
- 25th and 26th November 2022: 10am to 5pm
- 13th and 14th January 2023: 10am to 5pm
- 24th and 25th February 2023: 10am to 5pm
- 24th and 25th March 2023: 10am to 5pm

Course tutors



Rima Hawkins

COSRT Accredited Psychosexual and Relationship Therapist, COSRT Accredited Supervisor, Pink Therapy Advanced Accredited GSRD Therapist



Silva Neves

UKCP Registered Psychotherapist, COSRT Accredited Psychosexual & Relationship Therapist, COSRT Accredited Supervisor, Author, Pink Therapy Clinical Associate

More information and application at
theinstituteofsexology.org/dcst

theinstituteofsexology.org



Search for us on Social Media

CICS Contemporary
Institute of
Clinical
Sexology



Polish Psychologists' Association

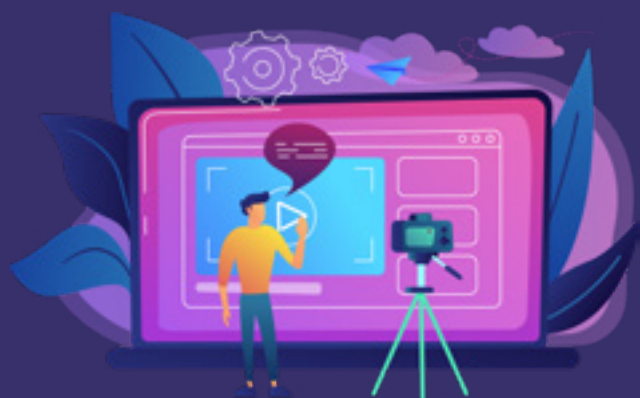
Polish Psychologists' Association is a charity organisation which has been providing psychological support to the Polish community in the UK since 2006. Our mission is to provide professional mental health and personal development services. We want to promote knowledge and psychological awareness in the widest possible group of recipients.

The scope of our services includes mental health and psychological

wellbeing consultation, therapy, workshops, webinars, and courses. Finding a therapist who speaks Polish can be complicated. That's why we've collected the Polish-speaking therapists doing both online and in-person sessions in one place. The service is low cost and for some clients the fee can be exempt for their personal reason. We know that for some Polish people having the option of mother language therapy is the only way to access it.

Justyna Kulczyk is the Chief Executive Officer at the Polish Psychologists' Association, COSRT member (student), BASHH, ESSM/BSSM and Lead Sexual Health Advisor at GUM/HIV NHS Clinic.

To find out more or if you have any queries, please email: konsultacje@polishpsychologists.org



Members in the Media

Let us know or tag **@cosrtnews** on social media if you'd like us to highlight your news.

Bima Loxley spoke to Fashion Journal Australia for an article entitled '[How to talk to your partner about porn](#)'.

Andrew Marshall wrote an article for the Daily Mail '[How working from home could spell disaster for your marriage](#)'.

Cate Mackenzie spoke to USA Today in article, '[Voluntary Celibacy and the Sexual Empowerment of Saying No](#)'.



Join a Specialist Group of EMDR Association

A Great opportunity for COSRT members who are Dual trained (EMDR/Sexologists) to become members of a Specialist Group of EMDR Association.

The EMDR Association is proposing a Special Interest Group (SIG) on EMDR & Sexology. SIGs consist of members who share an interest in a particular client group, area of work or issue.

This SIG is for EMDR therapists who are also sexologist (and COSRT Member). If you are EMDR trained and join the SIG you get 1 year's EMDR Association membership free.

What we need:

We need a min of 10 starting members to sign up for 4 meetings a year.

We need a Secretary and a Treasurer (very little work at this time) but we need those posts to be set up for the SIG to go for formal approval to the EMDR Board in early Sept. These posts can only be filled by existing EMDR Association/COSRT members.

The meetings will be 4 times a year over zoom inviting speakers at the meeting and having an agenda to discuss how we can utilise the space best. It's essentially directed by the members with a chair overseeing the logistics.

If you would want to be a member and/or interested in the 2 posts please contact **Rima Hawkins** on **07866459435** or rima@supanet.com

AGENDA

The committee sets the agenda but broadly we discuss the following:

- Explore evidence base for EMDR & Sexology
- Explore support that would be helpful for our members
- What CPD topics to set up through the year (who we can approach for CPDs)
- What's new in the field. We can offer the CPDs to both COSRT and EMDR Association members.





Juliet Grayson and her team are proud winners of one of the GHP 2022 International Mental Health Awards

Juliet Grayson (COSRT Accredited) and the team at Therapy and Counselling have been running workshops for many decades, but at the start of the pandemic these all moved online. This award, announced in May 2022, has been given for the quality of the course content and the consistently high standard of the training delivery.

Psychosexual therapist Juliet Grayson said, "It's amazing to have our work appreciated in this way. We are used to getting great feedback from individuals

after our workshops, but we never dreamt we would get this kind of public recognition. I've been doing this for almost 30 years now, and I am grateful - not only to have been nominated in an international competition - but to have actually won in our category. Therapists and trainers do not usually get recognised in this way. Thank you to GHP."

Courses that Therapy and Counselling run for the general public include parenting skills, anger, shame,

resilience, and deep personal development work. Then they offer courses for therapists on: working with couples and sexual problems, men, trauma, storytelling and creative writing.

COSRT Accredited the Certificate in Working With Couples modular workshop that is now online – in 6 modules.

For more information and workshop dates see:

www.therapyandcounselling.co.uk

[CLICK HERE TO SEE THE AWARD PAGE](#)

Member requests

If you have something you'd like to ask of fellow members, e.g. advice, info, resources, email sonja.pinnell@cosrt.org.uk

Job descriptions

From Ellie Holloway:

Dear fellow COSRT members who work in NHS psychosexual services. Please could anyone who has a job description for a band 7 psychosexual therapist post send me a copy? I am trying to work out what I need to do to a current band 6 role in the Oxford PST service, to get it re-banded to 7. Very grateful for all help. Job descriptions / copies of old job adverts emailed to me please

eleanor.holloway@ouh.nhs.uk

Yours hopefully,
Ellie Holloway

Referral

From Dr Sonja Soeterik:

I am writing to ask for members who are experienced in complex neuro-disability, people who are incontinent, have PEGs, mobility issues, catheter and stoma as well as a ventilator. I am working with a young woman in her early 20/s who was injured in her early teens. There are a lot of body image and desirability issues as well as issues with practicalities with managing all her complex health things. If anyone is familiar with this type of presentation could you please contact me to discuss the referral on dr.soeterik@neurolinkpsych.co.uk

BEING A COSRT MEMBER

Each year we carry out relicensing and audit work with our Members. That is a vital piece of engagement to ensure that practitioners meet key criteria – of particular relevance for those on our public Register.

Understandably, the processes lead to queries about what membership involves. So here are some headline reminders.

CODE OF ETHICS

Every Member regardless of category, commits to abiding by the Code of Ethics during their membership. The code is sector-leading in terms of quality and clarity, and is found [here](#).

PRACTISING AS A THERAPIST

Please remember that we ask that you only advertise or practice as a Psychosexual and Relationship Therapist (or versions such as sex therapist) if you are a Registered Member (or above) on our public Register.

STUDENT MEMBERS

If you are a Student Member and your course contains service user contact hours, or you have service user contact outside training you must have...

SUPERVISION

Supervision in place at a level of 1:6 per month

INSURANCE

Professional indemnity insurance with a minimum value of £2,000,000

REGISTERED MEMBERS

If you are on the public Register (Registered, Accredited or Senior Accredited Membership) you commit to the following each year...

CPD

Undertake at least 30 hours CPD per year, with at least 20 on Psychosexual and Relationship Therapy issues

SUPERVISION

Have supervision for at least 1.5 hours per month

INSURANCE

Hold professional indemnity insurance with a minimum value of £2,000,000

REMEMBER TO RECORD THINGS

Relicensing involves you declaring you have upheld these requirements if you are in relevant categories such as Registered Member. But it is vital that you are able to evidence this. For example, recording your CPD and supervision using simple logs with details of what training was completed and when. That is because the audit happens every year and 10% of eligible Members are chosen at random for enhanced evidence to be submitted. Recording your training as it is done can make any response to a request for information easy to respond to.

For more information on our Professional Standards please contact [Jo Coker](#).

Event Listings

Online

Self-Access Classes on COSRTlearn

Working with Porn Addiction and Compulsive Sexual Behaviour Disorder

Trainer: Dr Paula Hall

Therapists Guide to the new 'No Fault' Divorce law

Trainer: Hazel Wright

The Science of Sexual Fantasy

Trainer: Dr Justin Lehmiller

Understanding Intersectionality, Privilege and Otherness

Trainer: Dr Dwight Turner

The Science of Love

Trainer: Dr Anna Machin

Understanding Compulsive Sexual Behaviours

Trainer: Silva Neves

How to Provide Single Session Therapy for Your Service Users

Trainer: Cate Campbell

Being GSRD-Aware

Trainer: Silva Neves

Addressing the Distinct Needs of those with Physical Limitations within Therapy

Trainer: Michelle Donald

Understanding, Navigating & Overcoming Barriers for Therapists when talking to disabled people

Trainer: Alex Cowan

Managing Monogamism: Polyamory Aware Therapy Practices

Trainer: Dr Markie Twist PhD

What to do when your clinical notes are requested

Trainer: Benjamin James

History Taking for Therapists:

The Why and the How

Trainer: Anne Chilton

The Impact of ADHD on Relationships and Sex

Trainer: Edward Hallowell

Testosterone Deficiency in Men

Trainer: Dr Doug Savage

The Science of Being Dad: Understanding & Supporting Fatherhood

Trainer: Dr. Anna Machin

Living with the Sexual Consequences of Cancer: Adjustment & Rehabilitation after Breast Cancer and Prostate Cancer Treatment

Trainer: Dr. Isabel White

Keeping the Connection: Maintaining an Intimate Couple Relationship at End of Life

Trainer: Ruth Hazelton

Focus on Female Infertility

Trainer: Louise Magee

Working with Common Erectile and Ejaculation Problems

Trainers: Andrew Galliford-Yates and Trudy Hannington

Solutions for Female Orgasm Problems:

Helping Clients Become Cliterate

Trainer: Dr. Laurie Mintz

The Impact of Involuntary Childlessness on Sexual Intimacy

Trainer: Jody Day

Disordered Eating in Families and Relationships

Trainer: Julia Buckroyd

Working with Common Sexual Difficulties in Women

Trainer: Trainer: Silva Neves

Non-Demand Sex Therapy

Trainer: Cate Campbell

The Digi of Things: Digisexuality

Trainer: Dr Markie Twist

Desire & Desire Discrepancy

Trainer: Dr Kristen Mark

Chemsex

Trainer: Silva Neves

After the Affair:

Rebuilding Relationships after Infidelity

Trainer: Juliet Grayson



COSRT Online Live Seminars

JULY 2022

- 13** Judaism and Sexuality
Trainer: Judi Keshet-Orr

SEPTEMBER 2022

- 16** Understanding the course of the menopause journey
Trainer: Trudy Hannington, Sue Stillwell

- 21** Setting Up a Private Practice for Therapists
Trainer: Joanna Coker

- 23** The Trauma of Relationship
Trainer: Sarah Paton Briggs

OCTOBER 2022

- 7** Understanding Family Law
Trainer: Hazel Wright

- 11** Becoming an Accredited COSRT Therapist – the application process
Trainer: Joanna Coker

DECEMBER 2022

- 9** Surrogacy as a pathway to parenthood
Trainer: Tracey Sainsbury

- 10** The Queer 7-Eye Model of Supervision
Trainers: Rima Hawkins, Silva Neves

**FOR MORE INFO & TO BOOK
AN ONLINE LIVE SEMINAR**

FOR MORE INFO & TO BOOK SELF-ACCESS CLASSES



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