College of Sexual and Relationship Therapists

Criteria for Accreditation - Category Three (for general members who have completed a four-year COSRT approved course)

The applicant must:

1. be a paid up General Member of COSRT for a minimum of 12 months preceding application.
2. provide evidence of successful completion of COSRT approved course at Masters level.
3. have undertaken a minimum of 50 hours experiential work (excluding supervision, case discussion and CPD) and/or personal therapy which facilitates awareness of self in relation to others within the context of client therapy.
4. have completed a minimum of 20 cases during training on the approved course. At least ten of these cases should be couples. Completion does not imply successful outcome. The case may be deemed complete after appropriate referral or termination of therapy by client or therapist without achieving a successful outcome. A wide spread of experience encompassing a wide spread of sexual difficulties will be expected.
5. have completed at least 100 of the 200 hours of face-to-face assessment and treatment of clients in the year prior to application.
6. have undertaken supervision at the ratio of one hours individual supervision to 6 hours clinical work throughout their training.
7. not have had any breaks in practice in the 12 months prior to applying for accreditation.
8. have not less than 100 hours of face-to-face assessment and treatment of clients each year.
9. complete a Log Book in the form provided to document all relevant sexual and relationship clinical work carried out over the six months preceding application for accreditation. A signature will be required from your current supervisor(s) to verify they have supervised the current work.
10. provide the name and address of past supervisor(s) who will be contacted to give a report preferably typed.
11. provide the name and address of current supervisor(s) who will be contacted to give a report, preferably typed, of current work. Your named current supervisor must have worked with you for the six-month period covered by your Log Book. The supervisor may charge a fee for this report.

12. confirm you have studied the COSRT Code of Ethics and Practice for General and Accredited Members with your supervisor(s).
13. provide the name and address of a further professional colleague if the current supervisor and post basic training is the same person. This colleague should have known the applicants professional work for a minimum of one year and can confirm his/her work in the field of sexual and relationship therapy to the standard required for accreditation.
14. provide a curriculum vitae detailing your background and career to date. This should include evidence of a commitment to continuing professional development, e.g. courses, conferences, research and publications.
15. provide proof that you are insured to the required minimum level of £2,000,000 for the work you undertake. Please note this applies to UK and Ireland residents only. COSRT accepts no liability for your insurance.
16. have not been convicted of any sexual offences.
17. agree to participate in the annual audit of CPD.
18. agree to undertake a minimum of 30 hours per year of CPD. **A minimum of 16 hours of CPD must be relevant to sexual and relationship therapy.**