

Criteria for Accreditation - Category Two (for general members who have completed a course in psychosexual and relationship therapy not approved by COSRT)

The applicant must:

1. be a paid up Full General Member of COSRT for a minimum of 12 months preceding application.
2. provide the curriculum and course content details (including evidence of clinical practice undertaken) of the non-COSRT course that they have undertaken.
3. have undertaken a minimum of 50 hours experiential work (excluding supervision, case discussion or CPD) and/or personal therapy which facilitates awareness of self in relation to others within the context of client therapy.
4. provide a written statement with the application form (item 13) of no more than 1500 words giving details of the theoretical framework and methods of working with couples and individuals which underpins the applicant's work in sexual and relationship therapy.
5. have carried out a minimum of 320 hours of face-to-face assessment and treatment of people with sexual and relationship problems. Of these, a minimum of 30 cases must be completed and of these there must be a minimum of 15 couples. The 320 hours should be supervised and should conform to the [COSRT Practice Guideline 1 – Supervision and the Supervision Contract](#). (NB Completion does not imply successful outcome. The case may be deemed complete after appropriate referral or termination of therapy by client or therapist without achieving a successful outcome).
6. have completed at least 100 of the 320 hours of face-to-face assessment and treatment of clients within the year prior to application.
7. not have had any breaks in clinical practice in the 12 months prior to applying for accreditation.
8. complete a [Log Book](#) in the form provided to document all relevant clinical work carried out over the six months preceding application for accreditation. The period covered by the Log Book should be supervised at a ratio of one hour supervision to six hours therapy. Your current supervisor(s) will need to sign the Log Book to verify they have supervised the documented work. In exceptional circumstances variation from this requirement may be considered, eg experienced therapists or those with a large caseload. Applicants who wish to be exempt should send an explanatory letter to support their application. This explanatory letter should be signed by the applicant and the information confirmed by a covering letter from relevant supervisor(s).

9. provide the name and address of past supervisor(s) who have been in the role of supervisor over part or all of the 320 hours. The supervisor(s) will be contacted for a report. The applicant is responsible for payment of supervisor fees, which may be due for this report.
10. provide the names and addresses of all supervisors who have been in the role of supervisor over part or all of the 320 hours. The supervisors will be contacted to give a typed (if possible) report. It is important that any named current supervisor has worked with you for the full six months, covered by your Log Book. The applicant is responsible for payment of supervisor fees which may be due for this report.
11. provide the name and address of a professional colleague or consultant who has known the applicant's professional work for a minimum of one year and can confirm the applicant's work in the field of sexual and relationship therapy.
12. provide a curriculum vitae detailing your background and career to date. This should include evidence of a commitment to continuing professional development, eg courses and conferences attended, research and publications, over the previous five years.
13. attend an interview if required by the Assessor Panel.
14. provide proof that you are insured to the required minimum level of £2,000,000 for the work you undertake. Please note this applies to UK and Ireland residents only. COSRT accepts no liability for your insurance.
15. have not been convicted of any sexual offences.
16. agree to participate in the annual audit of CPD.
17. *agree to undertake a minimum of 30 hours per year of CPD* **A minimum of 16 hours of CPD must be relevant to sexual and relationship therapy.**

NB Applications will be returned if they are found to be illegible.

Please note these criteria are subject to review