



College of Sexual and Relationship Therapists

Registered
Membership
Requirements and
Information



COSRT's Registered Membership demonstrates a therapist is suitably qualified to provide psychosexual and relationship therapy. This is integral to protecting the public and ensuring professional standards are maintained in the specialist profession. Registered Membership provides significant benefits:

- Permission to use RegCOSRT post-nominal letters
- The ability to use COSRT's logo and advertise as "Registered Member of..."
- A certificate indicating your Membership and Registrant status
- A place on the COSRT Register with status visible
- A direct pathway to Accredited Status
- All issues of the Journal of Sexual and Relationship Therapy
- Full digital access to two other Taylor and Francis journals
- Discounts including COSRT training, insurance and Routledge books

To be eligible for Registered Membership you must meet the following criteria.

Supervised Practice Requirements

You must be currently active as a Psychosexual / Relationship Therapist and have:

- Supervision at a ratio of 1:10 if you are in your first 250 post-qualification practice hours, or for at least 1.5 hours per month if you have completed 250 hours post-qualification
- Professional indemnity insurance at a minimum value of £2,000,000
- Confirmation you are in good professional standing

Specialist Training Requirements

COSRT's Register is for practitioners with specific skills and knowledge in psychosexual / relationship therapy. Specialist training above standard practitioner training is needed. Therefore, to be eligible for Registered Membership, you must have completed and graduated from a suitable practitioner training course on psychosexual / relationship therapy. The course must meet these criteria:

- Ofqual RQF level five or above (Diploma of Higher Education)
- At least 200 hours of direct teaching
- Supervised placement with at least 150 client contact hours focused on psychosexual / relationship therapy, supervised at a ratio of 1:6

- Meet COSRT's Theoretical Knowledge and Clinical Competence requirements for Professional Qualifications

You should also be able to demonstrate that before you graduated from a specialist training course, you completed:

- At least 50 hours personal therapy if the course was two-years, and 80 hours if the course was four-years¹.

Ongoing commitments

To retain Registered Member status, you must continue to:

- Have supervision at a ratio of 1:10 until you reach 250 hours post-qualification practice, and at 1.5 hours per month thereafter
- Undertake at least 30 hours CPD per year, with a minimum of 16 being focused on psychosexual / relationship therapy
- Hold professional indemnity insurance with a minimum value of £2,000,000

Application Process

Applications for Registered Membership should be sent via email to memberships@cosrt.org.uk.

Confirmation of your application outcome will be sent to you electronically. If your application is accepted by COSRT, your subscription fee will be taken via Direct Debit or bank transfer. If the subscription fee is not received within three months, your application will lapse and you must reapply. Your membership will be valid immediately from the date on which payment is received by COSRT in cleared funds.

COSRT reserves the right to request an applicant to attend an interview with representatives of COSRT to discuss their application. The applicant would be expected to meet their own travel costs to attend the interview.

¹ These hours can include therapy prior to training if relevant to enabling the development of self-reflection and reflexive practice, the integration of theory and practice, and the exploration of personal prejudices and attitudes.

The provision of misleading information or an incomplete declaration may lead to refusal of entry to membership or withdrawal of membership at a future date. Membership of COSRT does not commence until the annual subscription has been received (subject to COSRT's confirmation to you of a successful application outcome).

Registered Membership of the College for Sexual and Relationship Therapists is not a qualification and must not be represented as such.

Applicants may appeal a decision concerning their application in accordance with clause 3.9 of the Terms and Conditions of Membership and Accreditation and the Guidelines for Reapplication and Appeal.

In applying for and subsequently holding Registered Membership you agree to abide by and be subject to the Terms and Conditions of Membership and Accreditation, Terms and Conditions of Registers and all the criteria, procedures, protocols, policies, guidelines and other documents listed therein, including in particular (without limitation) the COSRT Code of Ethics and Practice, the COSRT Conduct Procedure and Sanctions Protocol and the other Governing Documents of COSRT.