



College of Sexual and Relationship Therapists

Registered
Membership
Requirements and
Information



COSRT's Registered Membership demonstrates a therapist is suitably qualified to provide Psychosexual and Relationship Therapy. This is integral to protecting the public and ensuring professional standards are maintained. Registered Membership provides significant benefits:

- Permission to use RegCOSRT designatory letters.
- The ability to use a personalised COSRT logo and advertise as "Registered Member of..."
- A certificate indicating your Membership and Registrant status.
- A place on the COSRT Register with status visible.
- A direct pathway to Accredited Status.
- All issues of the Journal of Sexual and Relationship Therapy.
- Full digital access to two other Taylor and Francis journals.
- Discounts including COSRT training, insurance, and Routledge books.

Specialist Practice

You must be active as a Psychosexual and Relationship Therapist and have:

- Supervision for at least 1.5 hours per month.
- Professional indemnity insurance at a minimum value of £2,000,000.

Training

You are eligible for Registration if you hold a qualification from:

- Any COSRT-Accredited Practitioner Training Course.

You can also apply if you graduated from a non COSRT-Accredited training course that:

- Was at Ofqual RQF Level 5 or equivalent.
- Was an Ofqual regulated qualification or accredited by a body accountable to the PSA.
- Had 250 Guided Learning¹ in Psychosexual and Relationship Therapy training.
- Had Supervised placement(s) with at least 150 client contact hours of Psychosexual and Relationship Therapy, supervised at a ratio of 1:6.

¹ This indicates the time a learner is being taught, instructed, or participating in education or training under guidance or supervision of a tutor, lecturer, or trainer. It does not include clinical work, supervision, self-study, essay writing, pastoral care or non-timetabled tutorials.

You should also be able to demonstrate that before you graduated from a specialist training course, you completed:

- At least 50 hours personal therapy².

Ongoing commitments

To retain Registered Member status, you must continue to:

- Have supervision for at least 1.5 hours per month.
- Undertake at least 30 hours CPD per year, with at least 20 on Psychosexual and Relationship Therapy issues.
- Hold professional indemnity insurance with a minimum value of £2,000,000.

Application Process

Applications for Registered Membership should be sent via email to memberships@cosrt.org.uk.

Confirmation of your application outcome will be sent to you electronically. If your application is accepted by COSRT, your subscription fee will be taken via Direct Debit or bank transfer. If the subscription fee is not received within three months, your application will lapse and you must reapply. Your membership will be valid immediately from the date on which payment is received by COSRT in cleared funds.

COSRT reserves the right to request an applicant to attend an interview with representatives of COSRT to discuss their application. The applicant would be expected to meet their own travel costs to attend the interview.

The provision of misleading information or an incomplete declaration may lead to refusal of entry to membership or withdrawal of membership at a future date. Membership of COSRT does not commence until the annual subscription has been received (subject to COSRT's confirmation to you of a successful application outcome).

² These hours can include therapy prior to training if relevant to enabling the development of self-reflection and reflexive practice, the integration of theory and practice, and the exploration of personal prejudices and attitudes.

Registered Membership of the College for Sexual and Relationship Therapists is not a qualification and must not be represented as such.

Applicants may appeal a decision concerning their application in accordance with clause 3.9 of the Terms and Conditions of Membership and Accreditation and the Guidelines for Reapplication and Appeal.

In applying for and subsequently holding Registered Membership you agree to abide by and be subject to the Terms and Conditions of Membership and Accreditation, Terms and Conditions of Registers and all the criteria, procedures, protocols, policies, guidelines and other documents listed therein, including in particular (without limitation) the COSRT Code of Ethics and Practice, the COSRT Conduct Procedure and Sanctions Protocol and the other Governing Documents of COSRT.