



College of Sexual and Relationship Therapists

Senior Accredited
Membership
requirements and
information



COSRT's Senior Accredited Membership is our most senior status. It is designed to recognise a therapist's highly advanced skills and experience. It is awarded through a comprehensive process which includes rigorous assessment. Senior Accredited Membership provides a range of significant benefits:

- Permission to use AccCOSRT (Sen) designatory letters.
- The ability to use a personalised COSRT logo and advertise as "Senior Accredited Member of..."
- A certificate indicating your Membership and Accredited status.
- A place on the COSRT Register with Senior Accredited status visible.
- Access to accredited EMDR practitioner training.
- The chance to advertise on Counselling Directory.
- All issues of the Journal of Sexual and Relationship Therapy.
- Full digital access to two other Taylor and Francis journals.
- Discounts including COSRT training, insurance, and Routledge books.

Registration

To become a Senior Accredited Member of COSRT you must have been:

- A COSRT Accredited Member for at least five years¹.

Specialist Practice

You must be currently active as a Psychosexual and Relationship Therapist and have:

- Been practicing in that role post-qualification for at least six years².
- Completed 300 hours supervised practice in Psychosexual and Relationship Therapy since you first achieved COSRT Accreditation³.
- Professional indemnity insurance at a minimum value of £2,000,000.

Supervision

You must have:

- Current supervision for at least 1.5 hours per month.

¹ These years do not have to be successive.

² Note that these years do not have to be successive, and qualification refers to the specialist Psychosexual and Relationship Therapy course.

³ These 300 hours must have been accumulated over at most five years which need not be successive.

Professional Development

You must also be able to demonstrate that you have:

- Undertaken 30 hours CPD per year post-Accreditation⁴.
 - Until June 2021 at least 16 of these must have been on Psychosexual and Relationship Therapy.
 - From June 2021 onwards at least 20 of these must have been on Psychosexual and Relationship Therapy.
- Completed at least 30 hours personal therapy activity over the six years preceding this application.⁵

Assessment

To become a Senior Accredited Member of COSRT you also must successfully pass an assessment of your specialist skills and knowledge. This is integrated into the application process and is subject to assessment against a set of common marking criteria.

Ongoing commitments

To retain Senior Accredited Member status, you must continue to:

- Have supervision at a minimum of 1.5 hours per month.
- Undertake at least 30 hours CPD per year, with a minimum of 20 being focused on Psychosexual and Relationship Therapy.
- Hold professional indemnity insurance with a minimum value of £2,000,000.

Application Process

Applications for Senior Accredited Membership should be sent via email to memberships@cosrt.org.uk.

Applications take between two and six months to be reviewed by assessors. During the assessment process you may be contacted for additional information at any time.

⁴ Eligible CPD activities are conferences, training courses and events, and self-access courses.

⁵ The years in which these hours were accumulated do not have to be successive and can include periods training. They must be relevant to enabling the development of self-reflection and reflective practice, the integration of theory and practice, and the exploration of personal prejudices and attitudes.

Confirmation of your application outcome will be sent to you electronically. If your application is accepted by COSRT, your subscription fee will be taken via Direct Debit or bank transfer. If the subscription fee is not received within three months, your application will lapse and you must reapply. Your membership will be valid immediately from the date on which payment is received by COSRT in cleared funds.

COSRT reserves the right to request an applicant to attend an interview with representatives of COSRT to discuss their application. The applicant would be expected to meet their own travel costs to attend the interview.

The provision of misleading information or an incomplete declaration may lead to refusal of entry to membership or withdrawal of membership at a future date. Membership of COSRT does not commence until the annual subscription has been received (subject to COSRT's confirmation to you of a successful application outcome).

Senior Accredited Membership of the College for Sexual and Relationship Therapists is not a qualification and must not be represented as such.

Applicants may appeal a decision concerning their application in accordance with clause 3.9 of the Terms and Conditions of Membership and Accreditation and the Guidelines for Reapplication and Appeal.

In applying for and subsequently holding Senior Accredited Membership you agree to abide by and be subject to the Terms and Conditions of Membership and Accreditation, Terms and Conditions of Registers and all the criteria, procedures, protocols, policies, guidelines and other documents listed therein, including in particular (without limitation) the COSRT Code of Ethics and Practice, the COSRT Conduct Procedure and Sanctions Protocol and the other Governing Documents of COSRT.